



capital oral & facial surgery

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DIPLOMATE:

AMERICAN
BOARD OF
ORAL &
MAXILLOFACIAL
SURGERY

Instructions for Surgery

Please carefully follow these instructions to ensure your safety and the success of your procedure:

Eight Hours Before Surgery

- Do **NOT** eat or drink anything, including water.
 - This includes **no food, no drinks, and no water.**
 - *Failure to follow these instructions can be life-threatening during surgery and will result in the cancellation of your surgery.*
- You may take **a small sip of water on the morning of surgery** only if necessary to take medications instructed by your surgeon (e.g., high blood pressure).
- If you are taking a GLP-1 agonist medication (Ozempic®, Rybelsus®, Wegovy®, etc) for Type 2 Diabetes or weight loss, please inform your doctor.

The Day Before Surgery

- **Stay Hydrated:** Drink plenty of water, but avoid caffeine and alcohol, as they can dehydrate you.
- If you experience any changes in your health, such as **fever, sore throat, or cough**, notify the office immediately.

The Morning of Surgery

1. Transportation

- Arrange for someone to drive you to and from the office. Your driver must stay at the office premises for the duration of the procedure.
- **Rideshare services such as Taxi, Uber, or Lyft are NOT allowed.**
- If you are under 18, you must be accompanied by a parent or legal guardian.
- You must **NOT drive for 24 hours after surgery.**

2. Personal Preparations

- Wear **comfortable, loose-fitting clothing with short sleeves.** Please do not wear white shirts.
- You may bathe or shower on the morning of your surgery.
- You may brush your teeth but **do not swallow water.**
- Remove:
 - **All facial piercings**
 - **Contact lenses**
 - **Acrylic nails, wraps, or polish** from at least one finger (for monitoring purposes).

3. Additional Notes

- **Only patients are permitted in the surgical suite.** We appreciate your understanding, as this policy is in place to ensure your child's safety and the highest standard of care.
- Extracted teeth **will not** be returned and must be disposed of by the office.

Thank you for following these instructions to ensure a smooth and safe surgical experience. Please contact our office before your procedure if you have any questions or concerns.

Midtown Raleigh

5904 Six Forks #101
Raleigh, NC 27609
919.322.4500

West Raleigh

2500 Blue Ridge Rd #201
Raleigh, NC 27607
919.783.9920

Brier Creek

8851 Ellstreet Ln #116
Raleigh, NC 27617
919.887.6440

Holly Springs

101 Hyannis Dr
Holly Springs, NC 27540
919.436.2270

Wake Forest

3150 Rogers Rd #111
Wake Forest, NC 27587
919.283.0100

Burlington

853 Heather Rd
Burlington, NC 27215
336.252.3700